PLANT FACT SHEET

Fumaria parviflora Lam.

GENUS *Fumaria* **FAMILY** Papaveraceae

COMMON NAMES Fineleaf fumitory

EDIBLE PARTS AND USES

Edible parts: Flowers, Leaves

DESCRIPTION

A herb. It is a slender plant that grows each year from seed. It grows 15-40 cm tall. The leaves have leaflets along the sides. The flowers are small and white with purple tips. The fruit is a rounded nutlet.

HABITAT

It is a Mediterranean climate plant.

NOTES

Medicine.

REFERENCES

Benitez, G., et al, 2023, Wild Edible Plants of Andalusia: Traditional Uses and Potential of Eating Wild in a Highly Diverse Region. Plants 2023, 12, 1218 p 22

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/de7dea5e-a9e3-40cd-a0e3-f704cc27d463