PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Sauromatum diversifolium (Wall. ex Schott.) Cusimano & Hett.

GENUS *Sauromatum* **FAMILY** Araceae

COMMON NAMES Himalayan typhonium

EDIBLE PARTS AND USES

Edible parts: Leaves, Corms, Root

Young leaves are cooked as a vegetable.
The tuberous roots or corms are boiled and eaten as a vegetable.
Caution: The plant needs appropriate processing.

DESCRIPTION

A herb. It has round tubers or corms 1.5-2 cm across. The leaves have long stalks and are deeply 3 lobed. There are 1 or 2 leaves. The bract around the flower is purplish.

HABITAT

It is a subtropical plant. In Nepal plants grow between 2400-4300 m altitude. They grow in shady, wet places.

PRODUCTION

Cultivation

Plants are grown from corms.

NOTES

There are about 50 Typhonium species.

REFERENCES

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