PLANT FACT SHEET

Begonia rubella Buchanan-Hamilton ex D.Don

GENUS *Begonia* **FAMILY** Begoniaceae

COMMON NAMES Magar kanche

EDIBLE PARTS AND USES

Edible parts: leaves, Stem

The leaf stalk and stem are sour and are pickled.

DESCRIPTION

A herb. It grows about 30 cm tall. The leaves are alternate and 8-10 cm long by 3.5-7.5 cm wide. They are oval and heart shaped at the base but with unequal lobes. The edges are toothed. The flowers have stalks and are pink. The fruit is flat with unequal wings.

HABITAT

It grows throughout Nepal between 1200-2600 m altitude. It grows in moist, shady places.

PRODUCTION

Cultivation

Plants are grown from seed or root offshoots.

NOTES

There are 900-1,000-1,500 Begonia species.

REFERENCES

Manandhar, N.P., 2002, Plants and People of Nepal. Timber Press. Portland, Oregon. p 107
Prodr. fl. nepal. 223. 1825

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