PLANT FACT SHEET

Carum incrassatum Boissier

GENUS *Carum* **FAMILY** Apiaceae

EDIBLE PARTS AND USES

Edible parts: Tubers, Root

A flour is extracted from the tubers and mixed with barley.

DESCRIPTION

A herb. It keeps growing from year to year. It produces a large tuber.

HABITAT

It is a Mediterranean plant.

NOTES

There are 30 Carum species.

REFERENCES

Bircher, A. G. & Bircher, W. H., 2000, Encyclopedia of Fruit Trees and Edible Flowering Plants in Egypt and the Subtropics. AUC Press. p 86

Jardin, C., 1970, List of Foods Used In Africa, FAO Nutrition Information Document Series No 2.p 64

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/df27749a-d51b-4f91-b6ef-085f15f50600