PLANT FACT SHEET

Grewia capitellata Bojer

GENUS *Grewia* **FAMILY** Malvaceae

EDIBLE PARTS AND USES

Edible parts: Fruit

DESCRIPTION

A shrub. It grows 3 m tall. The leaves are broadly oval and 10 cm long. There are teeth along the edge. The base is rounded but can be wedge shaped. There can be some fine hairs underneath. The flowers are white or yellow. They are in groups in the axils or leaves or at the ends of branches. The fruit have 2-6 lobes. They are edible.

HABITAT

It is a tropical plant.

NOTES

These were in the families Sparrmanniaceae and the Tiliaceae.

REFERENCES

Dale, I. R. and Greenway, P. J., 1961, Kenya Trees and Shrubs. Nairobi. p 564 (As Grewia ectasicarpa)

Jardin, C., 1970, List of Foods Used In Africa, FAO Nutrition Information Document Series No 2.p 140 (As Grewia ectasicarpa)

Mutie, F. M., et al, 2023, Important Medicinal and Food Taxa (Orders and Families) in Kenya, Based on Three Quantitative Approaches. Plants 2023, 12, 1145

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/df277a0e-bd7d-4e8e-803d-b9bfa10112eb