PLANT FACT SHEET

Ajuga pyramidalis L.

GENUS *Ajuga* **FAMILY** Lamiaceae

COMMON NAMES Oyramidal bugle

EDIBLE PARTS AND USES

Edible parts: Flowers

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

REFERENCES

Girard, N. J., 2020, Sustainable Foraging of Wild Edible Plants in Norway. A Biocultural Approach. M. Sc. thesis Norwegian University. p 132

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/df3a2980-4475-4449-b1eb-47798dc546ac