PLANT FACT SHEET

Chrysanthemum morifolium Ramat.

GENUS *Chrysanthemum* **FAMILY** Asteraceae

COMMON NAMES Chrysanthemum, Florist's daisy, Spider mum

EDIBLE PARTS AND USES

Edible parts: Leaves, Flowers, Spice, Tea

The leaves and flowers are eaten in soups. The flowers are also pan fried.
The flowers are used in special delicacies.
They are dried and used for herbal tea.

DESCRIPTION

A herb. It keeps growing from year to year. They grow 30-130 cm tall. It grows 60-150 cm tall. The stems are hairy. The leaves are alternate. They are narrowly oval and 5-15 cm long. They have lobes along the sides.

HABITAT

It is a tropical plant. In Yunnan.

NOTES

There are about 20-40 Chrysanthemum species and many cultivated varieties. Chemical composition (flowers): Protein = 1.9%. Fat = 0.91%. Carbohydrate = 5.3%%. Ash = 0.66%.

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