PLANT FACT SHEET

Premna esculenta Roxb.

GENUS *Premna* **FAMILY** Lamiaceae

COMMON NAMES Edible premna

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are cooked as a vegetable.

DESCRIPTION

A shrub. It grows 2-3 m tall. The branches have 4 angled furrows. The flowers are in the axils of leaves. The fruit are purple.

HABITAT

It is a tropical plant.

REFERENCES

BARC, 2016, State of Biodiversity for Food and Agriculture in Bangladesh. Bangladesh Agricultural Research Council.

Das, S. and Mohiuddin, M., 2012, Gender role in Home Garden Management in the Indigenous Community: A case study in Bandarban Hill District, Bangladesh. International Journal of Social Forestry. 5(1):22-37

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/df567347-60ef-461e-bd55-36f9bd688d47