PLANT FACT SHEET

Plantago tubulosa Decne

GENUS *Plantago* **FAMILY** Plantaginaceae

EDIBLE PARTS AND USES

Edible parts: leaves

The base of the leaves is eaten.

DESCRIPTION

A herb.

HABITAT

It is a tropical plant. It tends to be in tropical mountain zones. It has been recorded at 3,400 m above sea level.

REFERENCES

Leon-Lobos, P., et al, 2022, Patterns of Traditional and Modern Uses of Wild Edible Native Plants of Chile: Challenges and Future Perspectives. Plants (Basel) v 11 (6) Table S1

Villagran, C., et al, 1999, La Tradicion Altiplanica: Estudio Etnobotanico en Los Andes de Iquique, Primera Region, Chile. Chungara, volumen 31 No. 1 pp 81-186

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/df6b2366-9bfa-4a3a-ae07-1262937848ab