PLANT FACT SHEET

Bidens borianiana (Sch. Bip. ex Schweinf.) Cufod.

GENUS *Bidens* **FAMILY** Asteraceae

COMMON NAMES Ade

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves picked before flowering are boiled and eaten.

DESCRIPTION

A herb.

HABITAT

It is a tropical plant. It grows in savannah woodland. It quickly spreads into disturbed land and areas that have been regularly burnt. It grows between 300-1,200 m above sea level in Eritrea.

REFERENCES

Addis, G., et al, 2005, Ethnobotanical Study of Edible Wild Plants in Some Selected Districts of Ethiopia. Human Ecology, Vol. 33, No. 1, pp. 83-118
Lulekal, E., et al, 2011, Wild edible plants in Ethiopia: a review on their potential to combat food insecurity. Afrika Focus - Vol. 24, No 2. pp 71-121
World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/df6b6cf8-11ad-4060-b7a2-b8ad447d2056