PLANT FACT SHEET

Impatiens edgeworthii Hook.f.

GENUS *Impatiens* **FAMILY** Balsaminaceae

EDIBLE PARTS AND USES

Edible parts: Seeds, Fruit, Leaves

The seeds are eaten raw. The fruit are eaten raw.
The leaves are boiled in water and then fried.

DESCRIPTION

A herb. It grows 25-60 cm tall. It grows each year from seed. The stems are erect and branched. The leaves are 4-18 cm long by 1.5-7.5 cm wide. They are narrowly oval and taper to the tip and have teeth along the edge. The flowers are towards the top and are yellow with red streaks towards the throat. They are 3-4 cm long. The fruit capsule is 23 cm long and narrow. The seeds are oblong and 3 mm long.

HABITAT

It is a temperate plant.

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