PLANT FACT SHEET

Euclea racemosa L.

GENUS *Euclea* **FAMILY** Ebenaceae

EDIBLE PARTS AND USES

Edible parts: Fruit

The ripe fruit are eaten raw.

DESCRIPTION

A shrub. It grows 2-3 m tall. The main stem can be 12 cm across. It has many branches. The branches are reddish and angular. The leaves can be alternate or opposite. They are oblong and rounded at the tip. The flowers are white and drooping. There are 4-13 flowers in a group. The fruit are round and black. There is one seed.

HABITAT

It is a subtropical plant. It grows from sea level to 1,500 m above sea level.

REFERENCES

Alemayehu, G., et al, 2015, Plant diversity and ethnobotany in Berehet District, North Shewa Zone of Amhara Region (Ethiopia) with emphasis on wild edible plants. Journal of Medicinal Plants Studies 2015; 3(6): 93-105

De Vynk, J. C., et al, 2016, Indigenous edible plant use by contemporary Khoe-San descendants of South Africa's Cape South Coast. South African Journal of Botany. 102 (2016) 60-69

Ferns, Useful Tropical Plants

Girmay, M., et al, 2022, Wild Edible plants study in a Dryland Ecosystem of Ethiopia. Daagu International Journal of Basic and Applied Research, 4(2):105- 119.

Guzo, S., et al, 2023, Ethnobotanical study of underutilized wild edible plants and threats to their long-term existence in Midakegn District, West Shewa Zone, Central Ethiopia. Journal of Ethnobiology and Ethnomedicine. 19:30

Mengistu, F. & Hager, H., 2008, Wild Edible Fruit Species Cultural Domain, Informant Species Competence and Preference in Three Districts of Amhara Region, Ethiopia. Ethnobotany Research & Applications 6:487-502

Mutie, F. M., et al, 2023, Important Medicinal and Food Taxa (Orders and Families) in Kenya, Based on Three Quantitative Approaches. Plants 2023, 12, 1145

Ruiters-Welcome, A. K., 2019, Food plants of southern Africa. Ph.D. thesis. Univ. of Johannesburg p 53

Tahir, M., et al, 2023, The traditional use of wild edible plants in pastoral and agro-pastoral communities
of Mieso District, eastern Ethiopia. Tropical Medicine and Health (2023) 51:10

Tropical Plants Database, Ken Fern. tropical.theferns.

Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

Yiblet, Y. & Adamu, E., 2023, An Ethnobotanical Study of Wild Edible Plants in Tach Gayint District, South Gondar Zone, Amhara Region, Northwestern Ethiopia. Hindawi, Evidence-Based Complementary and Alternative Medicine Article ID 78376615, 11 pages

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/df9d540b-e592-46ed-9725-41e7c40f40ff