PLANT FACT SHEET

Hymenoxys richardsonii var. richardsonii

GENUS *Hymenoxys* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Root - chewed

The centre of the root is chewed as a chewing gum.

DESCRIPTION

A herb. It keeps growing from year to year.

HABITAT

It is a temperate plant.

REFERENCES

Usher, G., 1974, A Dictionary of Plants Used by Man. Constable. p 19 (As Actinea biennis)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/dfb93a13-a6bb-422e-8108-a7549f167de7