PLANT FACT SHEET

Vitex zeyheri Sond.

GENUS *Vitex* **FAMILY** Lamiaceae

EDIBLE PARTS AND USES

Edible parts: Fruit

The fruit are eaten as a snack.

DESCRIPTION

A shrub.

HABITAT

It is a subtropical plant.

REFERENCES

Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/dfd67c95-6934-4b7a-80dc-6b3a3b650bed