PLANT FACT SHEET

Boerhavia tuberosa Lam.

GENUS *Boerhavia* **FAMILY** Nyctaginaceae

EDIBLE PARTS AND USES

Edible parts: Roots, Tuber

The roots are eaten as a vegetable.

DESCRIPTION

A herb or shrub. It is scrambling and grows 2 m long.

HABITAT

A tropical plant. It grows in open woodlands. It occurs from sea level to 1,000 m above sea level. It grows in arid lowlands.

PRODUCTION

Cultivation

Plants can be grown from seed.

NOTES

There are about 40 Boerhavia species. They are mostly in the tropics and subtropics.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/dfec3879-ea9d-4f57-949e-9f451acf7219