PLANT FACT SHEET

Cowania mexicana D. Don

GENUS *Cowania* **FAMILY** Rosaceae

COMMON NAMES Cliffrose, Quinine bush

EDIBLE PARTS AND USES

Edible parts: Leaves - tea

The leaves are steeped in hot water for a few minutes to make tea.

DESCRIPTION

A shrub.

HABITAT

It is a temperate plant.

REFERENCES

Facciola, S., 1998, Cornucopia 2: a Source Book of Edible Plants. Kampong Publications, p 196
Trans. Linn. Soc. London 14:574, t. 22. 1825

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e00dfda8-2574-4c61-be0b-5dd923c1db95