PLANT FACT SHEET

Ammannia involucrata S. A. Graham & Gandho

GENUS *Ammannia* **FAMILY** Lythraceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Vegetable

DESCRIPTION

A slender herb that grows each year from seed. It grows 20 cm tall. The upper stems are 4 angled. The leaves are 5-20 mm long by 5-10 mm wide. They are arranged in a cross shape. The flowers are pink or red.

HABITAT

It is a tropical plant. It grows in damp places near streams.

REFERENCES

Reis, S. V. and Lipp, F. L., 1982, New Plant Sources for Drugs and Foods from the New York Botanical Garden herbarium. Harvard. p 204 (As Nesaea cordata)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e01b69e3-fd6c-4406-90c0-e480ae589402