PLANT FACT SHEET

Echinops spinosissimus subsp. bithynicus (Boiss.) Greuter

GENUS *Echinops* **FAMILY** Asteraceae

COMMON NAMES Sakizdikeni

EDIBLE PARTS AND USES

Edible parts: Sap, flower

The flower receptacle is eaten fresh.

DESCRIPTION

A herb.

HABITAT

It is a subtropical or Mediterranean climate plant.

REFERENCES

Dogan, A. & Tuzlaci, E., 2015, Wild Edible Plants of Pertek (Tunceli-Turkey). Marmara Pharmaceutical Journal 19: 126-135 (As Echinops viscosus subsp. bithynicus)

Ertug, F., 2004, Wild Edible Plants of the Bodrum Area. (Mugla, Turkey). Turk. J. Bot. 28 (2004): 161-174 (As Echinops viscosus subsp. bithynicus)

Ertug, F, Yenen Bitkiler. Resimli Türkiye Florası -I- Flora of Turkey - Ethnobotany supplement

Senkardes, I., et al, 2019, An Ethnobotanical Analysis on Wild Edible Plants of the Turkish Asteraceae Taxa. Agric. conspec. sci. Vol. 84 No. 1 (17-28)

Yesil, Y., et al, 2019, Wild edible plants in Yeşilli (Mardin-Turkey), a multicultural area. Journal of Ethnobiology and Ethnomedicine (2019) 15:52

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e0b6197b-71dd-48f2-bf60-fa0a155442b0