PLANT FACT SHEET

Typhonium trilobatum (L.) Schott

GENUS *Typhonium* **FAMILY** Araceae

COMMON NAMES Three-lobed Typhonium

EDIBLE PARTS AND USES

Edible parts: Leaves, Tubers, Root, Rhizome, Vegetable, Flower stalks

The dried sliced corms/tubers are eaten after cooking. They need drying to remove the acrid taste.
The tender leaves are boiled and eaten. They are also used to make pickles.
The leaf stalk and the spadix are cooked and eaten.

DESCRIPTION

A fleshy annual herb. It grows 30-50 cm high. It grows from an underground tuber. This is several cm across. The leaf stalks are 40 cm long. The leaves are arrow shaped. They have 3 lobes. The leaves are 20 cm long by 10 cm wide. The flowers are reddish. They are in a spike. It has a large, brown spathe. The fruit is a green berry with purple spots. There are 1-2 seeds.

HABITAT

It is a tropical plant. It grows in shady, waste places. It grows in wetland. It grows in the lowland. It grows up to 700 m above sea level. In Yunnan.

PRODUCTION

Cultivation

Plants can be grown from seeds.

NOTES

There are about 50 Typhonium species. The rhizome is 69.9% water, protein 1.4%, fat 0.1%, carbohydrates 26%, minerals 1.6%.
It is a functional food.

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