PLANT FACT SHEET

Rodgersia aesculifolia Batalin

GENUS *Rodgersia* **FAMILY** Saxifragaceae

EDIBLE PARTS AND USES

Edible parts: Root

DESCRIPTION

A herb. It can grow to 1.8 m tall. It has long rhizomes 3-4 cm across. They are pale purple inside. The stems are angular. The leaf stalks are 15-40 cm long. The leaves are compound with lobes spread out like fingers on a hand. There are 5-7 leaflets. The leaves are 8-30 cm long by 3-12 cm wide.

HABITAT

It is a temperate plant. It grows on the edges of forests and rock clefts between 1,100-3,800 m above sea level. In Sichuan and Yunnan.

REFERENCES

Flora of China @ efloras.org Volume 8

Kang, Y., et al, 2014, Wild food plants used by the Tibetans of Gongba Valley (Zouqu country, Gansu, China) Journal of Ethnobiology and Ethnomedicine 10:20

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e0d8e3fa-9361-44c9-80f2-3a826ebcbd80