PLANT FACT SHEET

Aporosa octandra (Buch.-Ham. ex D. Don) Vickery

GENUS *Aporosa* **FAMILY** Phyllanthaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Fruit, Bark - drink, Vegetable

The young leaves are boiled and eaten.
The ripe yellow fruit are eaten raw.
The bark is used to make a fermented drink.

DESCRIPTION

A shrub or tree. It grows 15 m tall. The trunk is 30 cm across. The bark is light brown and flaky with ridges along it. The bark is cracked into squares. The bark is red inside. It keeps its leaves throughout the year. The leaves are narrowly oval with short leaf stalks. They are 5-23 cm long by 2-8 cm wide. The base is rounded or wedge shaped and the edges can be wavy or have teeth. The flowers are very small and of separate sexes. The fruit are oval and 9-13 mm long by 6-10 mm wide and have a beak. There is usually one seed.

HABITAT

It is a tropical and subtropical plant. In the Himalayas it grows up to 900 m above sea level.

PRODUCTION

Harvesting and Seed Production

In southern India plants fruit February to May.

NOTES

Also put in the family Euphorbiaceae.

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Wild edible plants of Himachal Pradesh (As Aporosa dioica)

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