PLANT FACT SHEET

Heliotropium longiflorum (A. DC.) Jaub. & Spach

GENUS *Heliotropium* **FAMILY** Boraginaceae

EDIBLE PARTS AND USES

Edible parts: Plant

DESCRIPTION

A herb or small shrub. It grows 5-60 cm tall. It forms clumps. The leaves have a scent. They are 1-8 cm long by 0.1-3.5 cm wide.

HABITAT

It is a tropical plant

REFERENCES

Mutie, F. M., et al, 2023, Important Medicinal and Food Taxa (Orders and Families) in Kenya, Based on Three Quantitative Approaches. Plants 2023, 12, 1145

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e0f7223c-46b2-4b9e-9fc3-253cc86d5153