PLANT FACT SHEET

Tragopogon coloratus C. A. Mey.

GENUS *Tragopogon* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Root, Stems, Sap

The leaves are cooked in stews and fried and also eaten raw in salads.
A chewing gum is made from the latex.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

NOTES

There are about 50 Tragopogon species.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e0ff1139-332c-4bfd-bc68-0c977587c870