PLANT FACT SHEET

Stictocardia tiliifolia (Desr.) Hallier f.

GENUS *Stictocardia* **FAMILY** Convolvulaceae

COMMON NAMES Spotted heart

EDIBLE PARTS AND USES

Edible parts: Leaves, Seeds

The leaves are eaten in curries.
The seeds are eaten when young.

DESCRIPTION

A large woody climber. The young branches are hairy. The leaf stalks are 3-14 cm long. The leaves are entire and heart shaped at the base and taper to the tip. They are 8 cm long by 9 cm wide. The flowers are large and pink to purple. They occur as 1 or 2 together. The fruit is a capsule 2 cm across. The seeds have long hairs. The fruit is round and 2-4 cm across. The seeds are dark brown and 8-9 mm wide.

HABITAT

A tropical plant. It grows in moist deciduous forests. It suits the wet tropics.

NOTES

There are about 500 Ipomoea species.

REFERENCES

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Martin, F.W. & Ruberte, R.M., 1979, Edible Leaves of the Tropics. Antillian College Press, Mayaguez, Puerto Rico. p 187 (As Ipomoea illustris)

Terra, G.J.A., 1973, Tropical Vegetables. Communication 54e Royal Tropical Institute, Amsterdam, p 54 (As Ipomoea illustris)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e11d3696-4d6c-492e-b57d-8b95669cac41