PLANT FACT SHEET

Disa engleriana Kraenzl.

GENUS *Disa* **FAMILY** Orchidaceae

EDIBLE PARTS AND USES

Edible parts: Tuber, Root

DESCRIPTION

An orchid. The tubers are 2-3 cm long by 1 cm wide. It puts up shoots 60 cm tall. There are 2-4 leaves. These are narrowly sword shaped and 22 cm long by 2 cm wide. The flowering shoots are 60 cm tall. The flowers are pink and face downward.

HABITAT

It is a tropical plant. It grows in fairly open woodland between 1,280-1,700 m above sea level.

REFERENCES

Kasulo, V. et al, 2009, A review of edible orchids in Malawi. Journal of Horticulture and Forestry. Vol 1(7) pp. 133-139

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e1226fe5-a3aa-4ee1-ae7c-812b57a7b215