PLANT FACT SHEET

Schoenoplectus subulatus (Vahl) Lye

GENUS *Schoenoplectus* **FAMILY** Cyperaceae

COMMON NAMES Mangrove club rush, Shors club-rush

EDIBLE PARTS AND USES

Edible parts: Rhizome, Roots, stem - starch

The underground rhizomes are roasted and are hammered to remove the starch.
The inner part of the stems is also eaten.

DESCRIPTION

A sedge that grows in the water and develops an underground root or rhizome. It grows 2.8 m tall. The stems are rigid and have lines along them and the stems are 1 cm wide. The flowers are brown and are in clusters.

HABITAT

It is a tropical plant. It suits the seasonally dry tropics.

REFERENCES

King, M. & Horsfall, J., 2023, Kimberley Bush Food. Edible Plants of the Kimberley Region of Western Australia. UWAP. p 270

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e17861d1-56f4-4bd9-86f3-83c5bcd7f403