PLANT FACT SHEET

Cynanchum forrestii Schlechtendal

GENUS *Cynanchum* **FAMILY** Apocynaceae

COMMON NAMES White dragon whisker

EDIBLE PARTS AND USES

Edible parts: Roots, Fruit

The roots are dried and used in soups. They are also used for a drink.
The fruit are eaten fresh.

DESCRIPTION

An erect herb. It keeps growing from year to year. The branches are hairy towards the ends. The leaves are opposite and broadly oval. They are 4-5 cm long by 2-4 cm wide. The taper to a short tip. The base is rounded. The flowers are small and yellow. They are in groups in the axils of leaves. The fruit are follicles. They have flattened seeds.

HABITAT

It is a temperate plant. It grows in alpine waste places and humid grasslands between 1,000-5,000 m above sea level. It is native to Yunnan in China. In Sichuan.

PRODUCTION

Harvesting and Seed Production

In Yunnan fruit are available in August to October.

NOTES

Also put in the family Asclepiadaceae.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e1c98847-3156-456b-8b01-8802dc0d0e26