PLANT FACT SHEET

Cycnogeton dubium (R. Br.) Mering & Kadereit

GENUS *Cycnogeton* **FAMILY** Juncaginaceae

COMMON NAMES Water Ribbon, Water yam

EDIBLE PARTS AND USES

Edible parts: Tubers, Root

The small round tubers are roasted and eaten.

DESCRIPTION

A small herb. It has grass-like leaves. It grows in water. Under the ground it forms small tubers. It keeps growing from year to year. The leaves are 75 cm long by 15 mm wide. The flowers are small and green and have white hairs.

HABITAT

A tropical plant. It can grow in tropical and warm temperate places. It occurs in wet or swampy areas. It grows in freshwater and nears springs.

PRODUCTION

Cultivation

Plants can be grown from seed.

NOTES

There are about 12 Triglochin species. There are 3 in tropical America. They grow in marshes in temperate regions.

PICTURES



Credit: Food Plants International (Bruce French)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e1f3defb-5959-40ca-8d74-1d69a89788aa