PLANT FACT SHEET

Cirsium lidjiangense Petr. & Hand.-Mazz.

GENUS *Cirsium* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Roots

The roots are stewed.

DESCRIPTION

A herb. It is a thistle. It grows 70-120 cm tall.

HABITAT

It is a subtropical plant. In Yunnan.

REFERENCES

Geng, Y., et al, 2016, Traditional knowledge and its transmission of wild edibles used by the Naxi in Baidi Village, northwest Yunnan province. Journal of Ethnobiology and Ethnomedicine. 12:10

Zhang, L., et al, 2016, Ethnobotanical study of traditional edible plants used by the Naxi people during droughts. Journal of Ethnobiology and Ethnomedicine. 12:39

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e20af9ef-3313-42b9-bd3f-67e2d0f5d674