PLANT FACT SHEET

Chamaedorea macrospadix Oerst.

GENUS *Chamaedorea* **FAMILY** Arecaceae

EDIBLE PARTS AND USES

Edible parts: flower

The young flowers can be fried, cooked in soups or eaten in salads.

DESCRIPTION

A palm. It has a single stem. It grows 3 m tall and 1.5-2.5 cm across. It can grow erect or be creeping. There are 3-7 leaves and they have leaflets along the stalk. There are 7-13 leaflets on each side. They are narrowly sword shaped and 37 cm long by 5 cm wide. They are glossy underneath. The flowering stalk is erect and on a long stalk. The male stalks have 10-25 flowering branches and the female stalks have 8-15 branches. The fruit are oblong and 0.7-1 cm long by 6-8 mm wide. They are black.

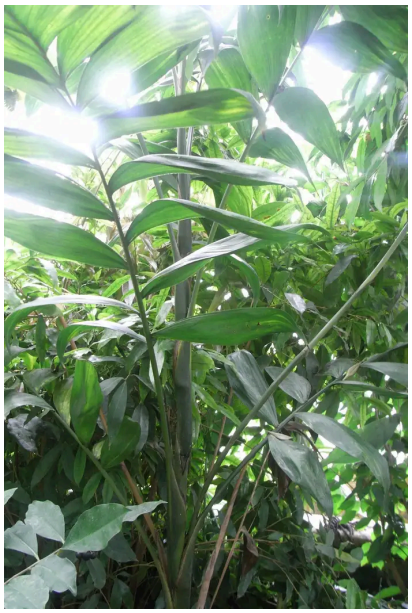
HABITAT

A tropical plant. It grows in lowland and mountain rainforest. It is often on limestone soils. It grows between 100-1300 m altitude.

NOTES

There are about 100 Chamaedorea species. They are mostly in Central America. There are 77 species in tropical America.

PICTURES



Credit: Food Plants International (Bruce French)

REFERENCES

Balick, M.J. and Beck, H.T., (Ed.), 1990, Useful palms of the World. A Synoptic Bibliography. Colombia p 658

Henderson, A., Galeano, G and Bernal, R., 1995, Field Guide to the Palms of the Americas. Princeton. p 97

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e222d646-be05-4fea-990c-26c10c6fb560