PLANT FACT SHEET

Crocus vernus (L.) Hill

GENUS *Crocus* **FAMILY** Iridaceae

EDIBLE PARTS AND USES

Edible parts: Bulbs, flower, Flowers

The bulbs are eaten.
The stigmas are used as a condiment.
The flowers are eaten in salads.

DESCRIPTION

A herb.

HABITAT

It is a Mediterranean climate plant.

REFERENCES

Jacobsen, A. L., February 2013: edible Crocus www.arthurleej.com/plant of the month.html
Motti, R., et al, 2022, Edible Flowers Used in Some Countries of the Mediterranean Basin: An Ethnobotanical Overview. Plants. 2022, 11, 3272

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e2521165-e3a2-463c-98b0-294210f51a98