PLANT FACT SHEET

Oxalis lawsonii F. Bolus

GENUS *Oxalis* **FAMILY** Oxalidaceae

EDIBLE PARTS AND USES

Edible parts: Stems, Leaves

The stems are eaten as a vegetable and for flavouring.
The leaves suppress thirst and are used as a vegetable and for flavouring.

DESCRIPTION

A herb. It grows 5 cm tall. It is hairy. It has a long rhizome or underground stem. This can be 65 cm tall.

HABITAT

It is a subtropical plant.

REFERENCES

Ruiters-Welcome, A. K., 2019, Food plants of southern Africa. Ph.D. thesis. Univ. of Johannesburg p 84

Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e253ff1d-f81b-4e07-a627-dc953cad9430