PLANT FACT SHEET

Agastache nepetoides (L.) Kuntze

GENUS *Agastache* **FAMILY** Lamiaceae

COMMON NAMES Yellow giant-hyssop

EDIBLE PARTS AND USES

Edible parts: Seeds, Leaves - flavouring

DESCRIPTION

A large herb. The flowers are greenish yellow and in long spikes. These are 1.5 m long. The leaves have 5 cm long.

HABITAT

It is a temperate plant. It grows in open woods and moist soils.

REFERENCES

MacKinnon, A., et al, 2009, Edible & Medicinal Plants of Canada. Lone Pine. p 275

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e25a53d0-8d3c-4954-bac1-7b647aa388d7