PLANT FACT SHEET

Lysichiton americanus Hulten & H. St. John

GENUS *Lysichiton* **FAMILY** Araceae

COMMON NAMES Yellow skunk cabbage, Yellow arum

EDIBLE PARTS AND USES

Edible parts: Leaves, Root, Rhizomes, Buds

The leaf stalks and the flower stalks are roasted and eaten.
The leaves have been dried and powdered and used as a thickening agent. Only young leaves should be used.
The rhizome is also eaten. They are washed then boiled or steamed.
Caution: It contains calcium oxalate crystals. Therefore the plants are only eaten in small amounts.

DESCRIPTION

A lily like plant. The plant grows 0.9-1.2 m high and spreads 1.2-1.5 m wide. The leaves are large and can be 1.2 m long. The leaves are paddle shaped. The spathe of the flower is bright yellow. They have an unpleasant smell. They can be 15-20 cm tall.

HABITAT

It is a temperate plant. It grows by the waterside. It tolerates full sun or part shade. It requires permanently damp soil. It suits hardiness zones 6-10. Hobart Botanical Gardens.

PRODUCTION

Cultivation

Plants are grown from seed. They can also be grown from offsets.

Harvesting and Seed Production

It is a slow growing plant.

NOTES

There are 2 Lysichiton species. They grow in temperate places.

PICTURES



Credit: Food Plants International (Bruce French)



Credit: Food Plants International (Bruce French)



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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e266cc01-423c-42ac-a0c6-6877819cc7ca