PLANT FACT SHEET

Cyclosorus auriculata (J. Sm.) K. Iwats

GENUS *Cyclosorus* **FAMILY** Thelypteridaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The fronds are eaten as a vegetable.

DESCRIPTION

A fern.

HABITAT

It is a subtropical plant.

REFERENCES

Dangol, D. R., 2002, Economic uses of forest plant resources in western Chitwan, Nepal. Banko Janakari, 12(2): 56-64 (As Thelypteris auriculata)
Dangol, D. R. et al, 2017, Wild Edible Plants in Nepal. Proceedings of 2nd National Workshop on CUAOGR, 2017.

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e26a3e91-388d-4ad6-b90e-7cb824abaeb1