PLANT FACT SHEET

Plagiostachys crocydocalyx (K. Schum.) Burtt & R. M. Smith

GENUS *Plagiostachys* **FAMILY** Zingiberaceae

COMMON NAMES Silongon

EDIBLE PARTS AND USES

Edible parts: Fruit, Stems, Shoots

The white shoots are cooked as flavouring. The pith of the stem is cooked and eaten.
The fruit are eaten raw.

DESCRIPTION

A large ginger family herb. The stems are yellow and 2 meters high and 2 cm across. The leaves are light green. There is a bunch of hard green brown fruit at the bottom. The fruit and young stems are eaten.

HABITAT

A tropical plant. It grows in Sarawak.

NOTES

There are about 18 Plagiostachys species.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e2a784ca-282c-48ed-9c27-2a956617885d