PLANT FACT SHEET

Trachyandra revoluta (L.) Kunth

GENUS *Trachyandra* **FAMILY** Asphodelaceae

COMMON NAMES Hottentots' cabbage

EDIBLE PARTS AND USES

Edible parts: flower, Vegetable

The flower heads are stewed.

DESCRIPTION

An erect plant that has a rhizome. It grows 50 cm tall. It grows from a yellow slightly swollen root. The leaves are erect and slightly wavy. They are narrow and somewhat fleshy. The flowers are in a loose branches group. The flowers hang down. They are 8-10 mm long and white. The fruit is an almost round grey-brown capsule.

HABITAT

It is a Mediterranean climate plant. It grows near the coast and shoreline.

REFERENCES

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e2cfb19c-c13c-4998-a0a5-636083dcbbc2