PLANT FACT SHEET

Commicarpus plumbagineus (Cav.) Standl.

GENUS *Commicarpus* **FAMILY** Nyctaginaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Roots

DESCRIPTION

A herb. It is a low spreading vine. It is slender and wide branching. It can grow several metres long. The leaves are in pairs. The blade is triangle shaped. It has a wavy edge. They are 5 cm long by 4 cm wide. The flowering axis is long and slender. They are in clusters at the ends of the branches. The flowers are white and funnel shaped. The fruit have wart like sticky glands along the side.

HABITAT

A tropical plant. It grows on the edges of forest and near water. In Zimbabwe it grows up to 1,800 m above sea level.

NOTES

There are about 25 Commicarpus species. They are mostly in the tropics and subtropics.

REFERENCES

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e2e79e54-873b-4aee-a616-d9e48ee08db3