PLANT FACT SHEET

Lanxangia tsaoko (Crevost & Lemaire) M.F.Newman & Skornick.

GENUS *Lanxangia* **FAMILY** Zingiberaceae

COMMON NAMES Tsaoko, Yunnan cardamon

EDIBLE PARTS AND USES

Edible parts: Fruit - spice

The fruit are used to flavour chicken soup.

DESCRIPTION

A ginger family herb that has an aroma. It keeps growing from year to year. It grows 2.5 m tall. It has a stout rhizome 8 cm long and 3 cm across. The aerial stalk has 11-14 leaves with leaf sheaths. The leaves are broadly sword shaped. They are 40-55 cm long by 15-20 cm wide. The flowers are in a crowded spike near the ground arising from the rhizome. The flowers are pale orange. They are in a head without a stalk and it is 13-28 cm long. The fruit is a red to purple capsule. It is oval and 2.5-4.5 cm long by 2 cm across. There are many light grey seeds. They are angled and have an aroma.

HABITAT

It is a tropical plant. It grows in sparse forests between 1,100-1,800 m above sea level in Yunnan in southern China.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e2f92999-4143-499a-b9f8-858822eaa208