PLANT FACT SHEET

Edibility uncertain

It has not been confirmed that this plant is safe to eat. Do not eat it on the strength of this fact sheet alone.

Pfaffia glomerata (Spreng.) Pedersen

GENUS *Pfaffia* **FAMILY** Amaranthaceae

COMMON NAMES Brazilian ginseng

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A scrambling small shrub.

HABITAT

It is a high altitude tropical plant. It suits the seasonally dry tropics.

NOTES

Medicine - it acts as a sexual stimulant.

REFERENCES

Thomas, E., et al, 2008, The Relationship Between Plant Use and Plant Diversity in the Bolivian Andes, with Special Reference to Medicinal Plant Use. Hum Ecol (2008) 36:861–879 (As Pfaffia dunaliana)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e3067fd6-7adc-421e-b1a6-946e4e8e3308