PLANT FACT SHEET

# *Garcinia lanceifolia* Roxb.

**GENUS** *Garcinia* **FAMILY** Clusiaceae

**COMMON NAMES** Rupai tekora

## EDIBLE PARTS AND USES

**Edible parts:** Leaves, Fruit

The fruit make good jelly. The ripe fruit are eaten raw. They can be dried. They are also used with fish curry. The young leaves are cooked then eaten. They are used to add a sour taste.

## DESCRIPTION

A shrub. It grows 4 m high. The leaves are sword shaped and shiny. The flowers are red and occur singly at the ends of branches. The fruit have 6-8 seeds. The fruit are oval and smooth and red. They are 2 cm across.

## HABITAT

It is a subtropical plant. It usually grows under the dense shade of other trees.

## PRODUCTION

### Harvesting and Seed Production

In NE India plants flower and fruit February to July.

## NOTES

There are about 300 Garcinia species.

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