PLANT FACT SHEET

Monascus anka K. Sato

GENUS *Monascus* **FAMILY** Monascaceae

EDIBLE PARTS AND USES

Edible parts: Mould, Fungus

It is used for fermenting foods and preserving meat. It produces a red colouring.

DESCRIPTION

A yeast.

HABITAT

It is a temperate plant.

NOTES

It probably has anticancer properties.

REFERENCES

Yasukawa, K., Medicinal and Edible Plants as Cancer Preventive Agents. Drug Discovery Research in Pharmacognosy. p185 www.intechopen.com

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e3b18273-fd44-43cf-866e-8063846ba60b