PLANT FACT SHEET

Adenia pechuelii (Engl.) Harms.

GENUS *Adenia* **FAMILY** Passifloraceae

COMMON NAMES Elephants-foot

EDIBLE PARTS AND USES

Edible parts: seeds - aril

The fleshy layer (aril) around the seeds is eaten.

DESCRIPTION

A low bush. It grows 1 m tall. The stem is large. It has several green branches 30 cm long. The branches end is a spine. The fruit have 3 valves. The seeds are flat. The aril or layer around the seeds is red and edible.

HABITAT

It is a tropical and subtropical plant. It grows in the desert often in rocky places.

REFERENCES

Bircher, A. G. & Bircher, W. H., 2000, Encyclopedia of Fruit Trees and Edible Flowering Plants in Egypt and the Subtropics. AUC Press. p 10

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e3bbd7e8-0463-4d66-81ea-4a68f1c45f36