PLANT FACT SHEET

Leontodon hispidus L.

GENUS *Leontodon* **FAMILY** Asteraceae

COMMON NAMES Rough hawkbit, Radicchio di campo

EDIBLE PARTS AND USES

Edible parts: Leaves, Root - coffee

The leaves are used in soups. The young leaves are used in salads.
The roasted roots are used as a coffee substitute.

DESCRIPTION

A herb. The stems are not branched and they are 60 cm long.

HABITAT

It is a temperate plant.

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