PLANT FACT SHEET

Vitex trifolia var. litoralis Schauer

GENUS *Vitex* **FAMILY** Lamiaceae

COMMON NAMES Simpleleaf chastetree

EDIBLE PARTS AND USES

The leaves are eaten with dried coconut,

DESCRIPTION

A tree.

HABITAT

It is a tropical plant.

NOTES

Also put in the family Verbenaceae.

REFERENCES

Moerman, D. F., 2010, Native American Ethnobotany. Timber Press. p 598 (As Vitex trifolia var. unifoliolata)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e3d3b6fe-fb27-4320-abb5-46e175a78e1a