PLANT FACT SHEET

Polygonatum glaberrimum K. Koch

GENUS *Polygonatum* **FAMILY** Asparagaceae

COMMON NAMES Solomon's seal

EDIBLE PARTS AND USES

Edible parts: Leaves, Stems

The young leaves and stems are fried or pickled.

DESCRIPTION

A herb. It grows about 60 cm tall. The stems arch over and are angled. The leaves are broad and overlap. There are small white flowers that hang down along the stem.

HABITAT

It is a temperate plant.

NOTES

Also put in the family Convallariaceae.

REFERENCES

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Nanagulyan, S., et al, 2020, Wild plants and fungi sold in the markets of Yerevan (Armenia). Journal of Ethnobiology and Ethnomedicine 16:26

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e3f7812e-d17d-4816-a1f7-6480e8c1b152