PLANT FACT SHEET

Astilbe thunbergii (Siebold. & Zucc.) Miq.

GENUS *Astilbe* **FAMILY** Saxifragaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A small herb. It grows 50-60 cm high. It spreads 30-50 cm wide. The leaves have leaflets along the stalk. These have sharp teeth around the edge. The leaflets are broad and greyish-green or bronze. The flowers are small but in dense masses. They are white when they open but turn pink.

HABITAT

It suits hardiness zones 7-9.

NOTES

There are about 12 Astilbe species. They are temperate plants.

REFERENCES

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Cundall, P., (ed.), 2004, Gardening Australia: flora: the gardener's bible. ABC Books. p 202

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK.
http://www.scs.leeds.ac.uk/pfaf/

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e4107298-aae0-4e96-b425-c77e2d960549