PLANT FACT SHEET

# *Pyrrosia porosa* (C. Presl) Hovenkamp

**GENUS** *Pyrrosia* **FAMILY** Polypodiaceae

## EDIBLE PARTS AND USES

**Edible parts:** Fronds, Leaves - tea

The leaves are used for a tea drink.

## DESCRIPTION

A fern. It grows 7-25 cm tall. The frond blades are widest above the middle. They are 10-23 cm long by 1-3 cm wide.

## HABITAT

It is a tropical plant. It grows on trees and rocks. In China it grows between 900-2,600 m above sea level. In Sichuan and Yunnan.

## REFERENCES

Khasbagan, Hu-Yin Huai, and Sheng-Ji pei, 2000, Wild Plants in the Diet of Athorchin Mongol Herdsmen in Inner Mongolia. Economic Botany 54(4): 528-536 (As Pyrrosia davidii)

www.eFloras.org Flora of China

**PROVIDED BY** **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

**LICENCE** CC BY-NC-SA 3.0

**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/e44c5939-34b2-4890-90d6-76a5ce634b49