PLANT FACT SHEET

Amaranthus praetermissus Brenan

GENUS *Amaranthus* **FAMILY** Amaranthaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are cooked and eaten. They are also eaten as a salad plant.

DESCRIPTION

A herb. It grows each year from seeds. It can grow 1 m high. The flowers are green and in dense clusters in the axils of leaves. The fruit is a capsule with shining seeds.

HABITAT

It is a tropical and subtropical plant. It grows in regions with a seasonal dry period. In southern Africa it grows between 350-1,020 m altitude. It can grow in arid places.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e44eed93-7254-4384-888a-594d2f33c3fa