PLANT FACT SHEET

# *Coccocypselum lanceolatum* (Ruiz & Pav.) Pers.

**GENUS** *Coccocypselum* **FAMILY** Rubiaceae

**COMMON NAMES** Cauabori

## EDIBLE PARTS AND USES

**Edible parts:** Fruit

Fruit can be eaten fresh or used for juices, sweets or ice-cream.

## DESCRIPTION

A herb. It has velvety hairs. The leaves are 2-8 cm long by 1-3 cm wide. They are oval or spear shaped and there are hairs along the edge. The flowers are in a group at the top of the plant. There are 5-11 flowers in a bunch. The fruit are blue and pear shaped. They are 1-3 cm long by 6 mm wide. There are several small seeds.

## HABITAT

It is a tropical plant. It grows in sunny places and also in shade. It grows from sea level to 1,000 m above sea level. It can tolerate frost ad drought.

## PRODUCTION

### Cultivation

Plants can be grown from seeds. Seeds can take a year to germinate. They have a dormancy. A spacing of 50 cm is suitable.

### Harvesting and Seed Production

Plants fruit when 2 years old. In South America plants fruit February to July.

## REFERENCES

www.colecionandofrutas.org

**PROVIDED BY** **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/e4888d28-b6c1-4ca4-b575-bdc712fa9e8c